

# SCRUBS & WRAPS

75min \$160

All wraps start with our showerless scrub that polishes the skin to perfection using coconut hull powder and coconut oil. These raw ingredients from the exotic coast of Zanzibar nourish the skin with fragrant coconut extracts.

## Detoxifying Envelopment

A full body cocoon of effervescent self heating mud dissolves tension and toxin build up from muscles, joints and tendons so the body is purified from deep within the tissues. After a slumber in this therapeutic wrap, a refreshing shower rinses away worries and a saffron and tiare flower infused body milk is massaged over the entire body.

## Remineralizing Body Wrap

If feelings of fatigue, stress, and low energy are creating imbalance for your physical and emotional well-being, sea water is the perfect solution. An essential oil infused seawater gel provides all the trace minerals to re-balance sluggish cells. This treatment combines the powers of marine and aroma therapy to leave skin feeling silky, and the body calm and re-energized.

## Aromavedic Holistic Massage

Unwind body & soul with this ancient healing art dating back to 4500 BC. Floral and Ayurvedic oil blends are selected to promote harmony and relaxation, leaving you refreshed, energized, and balanced.

## Body Scrub with Bora Bora Sand 30min \$75

An exfoliating gel, containing sand from the coasts of Bora Bora will gently slough dead cells away, while the vegetal coral oil base hydrates the thirstiest skin. Each scrub finishes with a final application of a shea butter and tiare flower body milk so that the body is left fully hydrated and silky smooth.

# FACIALS

60min \$130 | 90min \$190

## The Hydrating Touch of the Ocean

Phytoceane is a line of natural, marine-based treatments, centered around hydration. Each treatment includes exotic marine ingredients, responsibly harvested, scientifically formulated and tested, to target specific skin conditions and achieve long term results.

## The Beauty of Flowers

Fleur's skin care products are created with floral extracts, from the unique nutrients that flowers naturally concentrate as they grow. Fleur's researchers have selected specific flowers from many climates and landscapes to produce skin care collections that provide impressive results for all skin & body concerns. Selections of floral extracts are combined and tested to find the best synergistic and scientifically proven results, before being incorporated into beautifully effective treatments that surround you in a sensorial, floral experience.

## Fjord Oxygenating Facial

Sail through Icelandic fjords to leave all skin types perfectly hydrated, energized and radiant! The skin is prepared with a deep cleansing peel-mask to remove dead cells, dullness and impurities, followed by a cool mist of Iceland Water to boost hydration and circulation. Finally, an invigorating, plumping cream-velvet mask, infused with organic Salicornia oil helps to restore natural complexion, oxygenate and depollute skin, leaving you with an unmistakable glow!

## Edelweiss Moisturizing Facial

Tahitian women use monoi to protect and hydrate the skin and hair, and an ancient recipe which calls for 1001 flowers soaked in coconut oil; our treatment draws inspiration from this tradition, combining floral extracts and fondant-textured cream, containing traditional Tahitian monoi, resulting in a perfectly nourished complexion.

## Purifying Detox Facial

Brighten dull complexions and eliminate skin imperfections with purifying, sebum-regulating and detoxifying ingredients geared to promote health and beauty in damaged skin. Exfoliation with steam prepares the skin for pore extraction and a soothing application of cleansing serum. Finally a soothing peel-off mask is applied, leaving your skin feeling fresh and renewed.

## Bouquet of Youth Wrinkle Smoothing Facial

Skin rejuvenation & free radical protection are delivered thanks to floral extracts formulated into targeted anti-aging products. An intense exfoliation using digestive enzymes & floral powders polishes the skin to perfect smoothness, followed by a plasticizing mask rich in Everlasting Flower.

## Floral Softness Soothing Facial

Sensitive skin lacks defense systems to protect against aggressors in our environment, leading to redness, irritation, and blotchiness. A calming serum and mask infused with Elderberry and Lotus soothes inflamed skin and balances complexion. This is with the application of a soft, powder-gel mask containing pro-biotics, which boost the skin's natural defenses, resulting in a calm, even complexion.

## Skin Escape for Men

Utilizing the Phytomer: Homme range of products, to deliver a specialized treatment, targeting the male epidermis. Depending on your specific concerns, we will select a solution that leaves skin moisturized, rejuvenated, soothed, or oxygenated.

## Back Facial 30min \$75

We begin with our Bora Bora scrub to gently slough dead cells away, detoxify skin, and promote health and beauty in damaged skin. This is followed with an application of self heating mud, that helps rid toxin build up from muscles, and finished with an application of hydrating lotion.

## Signature Facial 60min \$125 | 90min \$180

Have one of our therapists create a customized facial for your specific needs.

## FACIAL ENHANCEMENTS

\$25 one upgrade is included in every 90min facial

### High Frequency

Great for spot treating acne, kills bacteria and removes excess oil from the skin while creating more blood flow to the surface. Great after waxing any area as well.

### Youthful Look Eye Zone

A revitalizing massage oil is used to perform a deeply relaxing, skin smoothing & draining eye massage. A fresh tensing-gel mask is applied to plump and firm the delicate eye tissue for a youthful, new outlook.

### Plumping Lip Smoother

Our lip treatment is the perfect remedy for dry, chapped lips and is ideal to help combat the signs of aging around the mouth. This treatment is particularly beneficial when your lips need instant repair for a special event. The soothing and moisturizing ingredients soften and smooth delicate tissues and restore plumpness, for a youthful and beautiful effect.

# PACKAGES

## Nourish Me 1.75hrs \$200

Start your experience with our Bora Bora body scrub and our scalp treatment, complete the journey with your choice of our 60-minute signature massage or 60-minute signature facial.

## Renewal 3hrs \$285

This package includes three of our signature services: a signature massage, including your choice of aromatherapy addition, a customized facial to renew and refresh your skin with a combination of exfoliation and hydration, and our soothing touch pedicure to leave you feeling relaxed and confident.

# NAILS

## Express N' Refresh Manicure 30min \$40

The perfect option to express yourself through nails! This treatment includes buffing and polishing of the nails to create your very own customized style. Pick a polish and let's create your new look! (Not available if you currently have Shellac on, we are unable to soak off Shellac for a 30 minute service.)

## Luxury Designer Manicure 60min \$60

Do something special for your hands. This manicure includes a smoothing scrub, hydrating mask, warm oil and a choice of shellac or polish. Your hands will look and feel amazing!

## Simply Toes Pedicure 30min \$50

True to its name, this pedicure is simply simple. Nail work, lotion and your choice of polish. And the best part? You're out and on with your day in thirty minutes! (Not available if you currently have Shellac on, we are unable to soak off Shellac for a 30 minute service.)

## Soothing Touch Pedicure 60min \$70

Give your feet the love they deserve. Start with our smoothing scrub, hydrating mask, and extensive warm oil massage, cuticle care and nail shaping. Your feet will come out clean, soft, and moisturized. Add a shellac or polish and you're ready to take on the day.

## NAIL ENHANCEMENTS

\$20

Glitter Nails

French Tips

Shellac Add-On & Removal



# MASSAGES

## Signature Massage 60min \$125 | 90min \$180

Whether you're simply looking to relax with our soothing massage or need a full body overhaul with our therapeutic deep tissue massage, this classic massage is the right choice for a standard, customizable massage experience.

## Sports Massage 90min \$190

This massage uses a variety of compression, deep tissue kneading, range of motion, and stretching techniques with the intent to help the body recover after physical exertion. Excellent after a long day of skiing, or an extended mountain adventure.

## CBD Massage 60min \$145 | 90min \$200

Our classic customizable massage experience using a CBD oil. Our CBD oil is made by The Original Oil Shop locally in Utah and is non-psychoactive. CBD oils from the hemp plant are great for relief from pain, inflammation, anxiety, seizures and more.

## Hot Stone Massage 90min \$190

Melts away tension, eases muscle stiffness, and increases circulation with a variety of hot stone techniques.

## Warm Bamboo Massage 90min \$190

Promotes circulation, sensory nerve perception, and lymphatic drainage and provides a deep sense of relaxation and well-being. An added benefit for the practitioner is that using the bamboo sticks helps to reduce stress and strain on hands and fingers while still allowing for deeply penetrating maneuvers.

## Maternity Massage 60min \$125 | 90min \$180

Expectant mothers need special care and attention. Our trained therapists will use a specially designed support and padding system during your treatment. Giving you, and your baby, the most relaxing experience possible.

## 4 Hands Massage 60min \$250

The Ultimate luxury treatment: four hands work in perfect unison to provide a remarkable, and deeply relaxing experience, which leaves you renewed and refreshed.

## Leg Revival 45min \$100

We first apply Cryotonic Gel to the legs, which are then tightly wrapped. This process activates the gel, which then works to cool and soothe the legs, imparting a feeling of lightness, and a sense of relief from sore muscles, bruises, and sprains. After the wrap is removed, the treatment is finished by a relaxing massage, which incorporates stretching to loosen muscles and improves blood flow.

## Timpanogos Couples Retreat 90min \$320 | 120min \$425

Treat yourself and that special someone with our Timpanogos retreat package. Begin with a 60-minute or 90-minute couples signature massage, followed by aromatherapy, a pampering foot scrub and soak. All while enjoying chocolate covered strawberries and sipping sparkling cider, or upgrade your retreat by adding 2 glasses of wine or a non-alcoholic beverage of your choice and hors d'oeuvres for \$40.

## MASSAGE ENHANCEMENTS

\$20

### Scalp Treatment 15min

Camellia oil, rich in antioxidants and essential fatty acids, is applied to nourish the hair and scalp. This is followed by a relaxing massage to release tension held in the neck and head. After completing your treatment, we recommend relaxing in the sauna, allowing the oil to further penetrate the skin and enhance its conditioning benefit.

### Aromatherapy

Essential oils have been used for thousands of years. Primarily plant based extracts, these health promoting botanicals also help inspire positive emotional states, enhance relaxation, and promote physical wellness when applied topically.

# PERMANENT COSMETICS

## Classic Eyelash Extensions 2hrs \$125

Classic lashes to perfect your look.

## Classic Eyelash Fill 1.5hrs \$35

Maintain your lashes with a fill.

## Hybrid Eyelash Extensions 2hrs \$150

## Hybrid Eyelash Fill 1.5hrs \$45

## Volume Eyelashes 2.25hrs \$175

## Volume Fill 1.5hrs \$50

## Lift and Tint 45min \$65

Add curl and color to your lashes lasting 2 months.

## Microblading 2hrs \$300

Microblading is a form of tattoo creating the look of individual hair strokes through your eyebrows. The SofTap method creates more of a powder fill effect, like you would do with makeup.

## Microblading Second Session 1.5hrs \$45

Second session from your original brow appointment.

## Annual Brow Touch-Up 2hrs \$95

## Brow Tint 15min \$20

Add color to your brows lasting 1 month.

## Eyelash Enhancements 1.5hrs \$125

Thin line placed between eyelashes to create the look of a fuller, thicker lash line.

## Permanent Eyeliner 2hrs \$150

Thin to thick eyeliner with smokey eyeliner optional.

## Eyeliner Touch-Up 1.5hrs \$90

## Permanent Lips 2hrs \$300

## Annual Lip Touch-Up 1.5hrs \$95

## Permanent Lip Liner 2hrs \$200

Waxing available upon request.



the Spa at  
ZERMATT  UTAH

435.709.9596

Sunday-Wednesday: 10am to 6pm

Thursday-Saturday: 9am to 9pm